



*Costs increase £50 per 15 additional attendees. Costs include travel within Greater London. HoardingUK works to ensure all travel costs outside this area are as inexpensive as possible. HoardingUK seeks approval from services for all additional costs.*

## Trainer Information

**Megan Karnes** (Overview of Hoarding Training) Director HoardingUK, Director [Mental Health Consultancy UK](#), Counsellor BA (Hons), Dip. Clinical Supervision and Consultancy, Prim. Cert CBT, National Advocacy Qualification, Independent Mental Health Advocate (IMHA), Independent Capacity Advocate (IMCA), Registered MBACP

**Lee Markwick** (Retired Fire Officer & NHS Mental Health & Safety Officer) – Trainer Lee has a very pragmatic approach to challenging the perception, and managing the risk of hoarding and clutter. He has worked with many Partner Agencies on making people safer inside and outside their homes.

**Julie Wilson** (Housing Officer Training) – Trainer HoardingUK Julie led Hoarding Awareness Week on behalf of Pan London Hoarding Taskforce (PLHT). Julie has worked directly with people with hoarding behaviour, provided training for internal staff/contractors at Optivo (formerly Amicus Horizon) for several years, and led on creating Optivo's hoarding procedure. Julie has presented at Housemark's Tenancy Sustainability and Anti-social Behaviour Clubs as well as to Fire And Rescue Services.

## Aims

All of our training is designed to be an educational, interactive and empowering working to positively impact participant's active client work and improve outcomes for people who hoard as well as the professionals and others who engage with them.

## Target Audience

Our courses are largely designed for professionals who work with people who hoard. Practitioners are encouraged bring their current hoarding related work to sessions which ensures the day is integrated into practice. Our Recovery College and Support Group development training engage people with hoarding behaviour.

# Half Day Courses

## Choice and Control in Hoarding Behaviour

- Understanding hoarding disorder
  - Case study work (throughout)
  - Risk/Risk Assessment/Legislation including Safeguarding and Care Act 2014
  - Positive engagement/Techniques
  - Outcomes are policy and practice tools as well as an action plan
- For questions or to book this training please contact [Megan @ HUK Training](#).

### Costs

Half-Day: Up to 15 trainees: £400/16 to 30 trainees: £450

Two half-day sessions in one day (AM/PM): Up to 15 trainees: £750/16 to 30 trainees: £800

## Housing Professionals – Support and Systemic Models for Hoarding Behaviour

- Understanding hoarding disorder
  - Case study work (throughout)
  - Policy and Procedures
  - Risk/Risk Assessment
  - Legislation including safeguarding and the Care Act 2014
  - Supporting hoarding disorder through the term of the relationship using positive engagement techniques
  - Outcomes are policy and practice tools as well as an action plan
- For questions or to book this training please contact [Julie @ HUK Training](#)

### Costs

Half-Day: Up to 15 trainees: £500/16 to 30 trainees: £550

Two half-day sessions in one day (AM/PM): Up to 15 trainees: £750/16 to 30 trainees: £800

## Hoarding Awareness for Emergency and Front-Line Services

- Understanding and recognising a hoarding disorder
  - Legislation – Safeguarding and Care Act 2014
  - Risk Assessment
  - Working with Partner Agencies
  - Challenges for the Emergency Services and Front-Line Services
  - Improving ways of working and the sharing of information
- For questions or to book this training please contact [Lee @ HUK Training](#)

### Costs

Half-Day: £500

Two half-day sessions in one day (AM/PM): Up to 15 trainees: £750/16 to 30 trainees: £800

# Full Day Courses

*Costs increase £50 per 15 additional attendees. Costs include travel within Greater London. HoardingUK works to ensure all travel costs outside this area are as inexpensive as possible. HoardingUK seeks approval from services for all additional costs.*

## Choice and Control in Hoarding Behaviour

- Understanding hoarding disorder
  - Case study work (throughout)
  - Risk/Risk Assessment
  - Overview of positive engagement
  - Legislation including safeguarding and the Care Act 2014
  - Supporting hoarding disorder through the term of the relationship using Motivational Interviewing and the Cycle of Change
  - Techniques to challenge compulsive acquisition and the failure to discard
  - Outcomes are policy and practice tools as well as an action plan
- For questions or to book this training please contact [Megan @ HUK Training](#).

### Costs

One full day: Up to 15 trainees: £700 16 to 30 trainees: £750

## Motivational Interviewing for Hoarding Behaviour (Add-On)

- Key Components
  - Case study work (throughout)
  - Introduction to Motivational Interviewing
  - MI Strategies
  - Facilitating Behaviour Change
  - t 2014
  - Cognitive Behavioural interventions
  - Outcomes are policy and practice tools as well as an action plan
- For questions or to book this training please contact [Megan @ HUK Training](#).

### Costs

One full day: Up to 15 trainees: £700/16 to 30 trainees: £750

Add-on to one full day hoarding training: Up to 15 trainees: £550/16 to 30 trainees: £600

## **Housing Professionals – Support and Systemic Models for Hoarding Behaviour**

- Understanding hoarding disorder
  - Case study work (throughout)
  - Policy and Procedures
  - Risk/Risk Assessment
  - Legislation including safeguarding and the Care Act 2014
  - Supporting hoarding disorder through the term of the relationship using positive engagement techniques
  - Outcomes are policy and practice tools as well as an action plan
- For questions or to book this training please contact [Julie @ HUK Training](#).

### **Costs**

One full day: Up to 15 trainees: £700/16 to 30 trainees: £750

## **Hoarding Awareness for Emergency and Front-Line Services**

- Understanding and recognising a hoarding disorder
- Legislation – Safeguarding and Care Act 2014
- Risk Assessment
- Working with Partner Agencies
- Challenges for the Emergency Services and Front-Line Services
- Improving ways of working and the sharing of information
- For questions or to book this training please contact [Lee @ HUK Training](#)

### **Costs**

One full day: Up to 15 trainees: £700/16 to 30 trainees: £750

# Group Courses

## Recovery College Model

- Co-facilitated by professional and person who has lived experience of hoarding difficulties
- Useful for people affected by hoarding behaviours as well as professionals
- Improves understanding hoarding behaviours
- Looks at risk/Risk Assessment
- Explores the Care Act 2014 (including Safeguarding and Advocacy)
- Provides 'Tips and Tricks'
- Is solution focused and empowering
- Outcome is an action plan

For questions or to book this training please contact [Megan @ HUK Training](#).

## Costs

One full day:

Up to 15 trainees: £750

16 to 30 trainees: £800

Three day model:

Up to 15 trainees: £700 (£2,100)

16 to 30 trainees: £725 (£2,150)

## Support Group Development Programme (6 Month Model)

- Training takes place once a month for six months
- Support group for people being supported by professionals runs alongside the training six months
- After six months the group is handed over to the organisation creating a sustainable and on-going support model
- Includes all aspects of two-day training, including motivational interviewing
- Ongoing integrated case management
- Outcomes are policy and practice tools as well as an action plan

For questions or to book this training please contact [Megan @ HUK Training](#).

### Costs

#### Professional Training (6 sessions)

Up to 15 trainees: £2,400

16 to 30 trainees: £2,900

*(No restrictions on professional attendees. Additional trainees past 30 attendees will be charged on a per person basis. Focus of work is on the professionals directly supporting the clients in the group. Others attend as observers. Service provides training/support group space.)*

#### Support Group Training/Facilitation (6 sessions)

Up to 15 attendees: £2,400

*(The Support Group should have no more than 15 attendees.)*

Fees for training include preparation, travel (within greater London, outside London train fares will be reimbursable) and travel time, training materials, and delivery of training.